

## How to get an HIV test in Brighton & Hove

Testing site / method	Details	Comments	Website
On-line <b>self-testing</b> kit sent to you on request through the post	A 'self-testing' kit gives a result in a few minutes, without anyone else being involved. The test will either tell you if you are HIV negative, or if the test is 'reactive'. 'Reactive' test results must be confirmed in a health care setting, but are likely to indicate the presence of HIV.	Currently £29.95	<a href="http://www.hivselftest.co.uk">www.hivselftest.co.uk</a>
On-line <b>self-sampling</b> kit sent to you on request through the post	A 'sampling-kit' is where you take a sample using the kit (usually blood), send it off to a laboratory, and you receive the result about 1 week later	<b>Free</b> for certain individuals who may be at greater risk	<a href="http://www.test.hiv">www.test.hiv</a>
<b>Sexual Health &amp; Contraception</b> (SHAC East, Central & West)	An experienced team providing a confidential and non-judgemental service. Appointments available through website or 01273 523388. Specialist clinics for men who have sex with men (Clinic M), trans (Clinic T), young people (YPC) & women (Clinic W)	Free	<a href="http://www.brightonsexualhealth.com">www.brightonsexualhealth.com</a>
<b>Terrence Higgins Trust</b> (THT)	Offering rapid HIV tests throughout the week – a fingerprick test with results several minutes later  61 Ship Street, Brighton, BN1 1AE, 01273 764200	Free	<a href="http://www.tht.org.uk">www.tht.org.uk</a>
<b>Brighton Sauna</b>	Free <b>self-testing</b> kits available from machine in the reception area; THT testing sessions using rapid HIV tests on Weds evening	Sex on premises venue for men who have sex with men only	<a href="http://www.thebrightonsauna.com">www.thebrightonsauna.com</a>
<b>Pavilions</b> (drug and alcohol services)	Support available to anyone concerned about their drug or alcohol use, or for the families & carers supporting those struggling with substance misuse.	Free HIV testing available for clients of the service	<a href="http://www.pavilions.org.uk/services">www.pavilions.org.uk/services</a>
<b>Through your GP</b>	You can attend your GP to discuss having an HIV test. Most GPs will be happy to do this for you	Having a negative HIV test result does not impact on insurance, health or life assurance policies	