

How to get an HIV test in Brighton & Hove

Testing site / method	Details	Price	Website
Sexual Health & Contraception (SHAC East, Central & West)	An experienced team providing a confidential and non-judgemental service. Appointments available via website or phone 01273 523388; specialist clinics for men who have sex with men (Clinic M), trans (Clinic T), young people (YPC) & women (Clinic W) Or order self-taken sampling kits to do at home.	Free Free	1. to make an appointment www.brightonsexualhealth.com 2. To order a self-sampling kit www.brightonsexualhealth.com/homekits
On-line self-sampling kit sent to you on request through the post	A 'sampling-kit' is where you take a sample using the kit (usually blood), send it off to a laboratory, and you receive the result about 1 week later	Free for individuals who may be at greater risk	www.test.hiv
Terrence Higgins Trust (THT)	Offering rapid HIV tests throughout the week – a finger prick test with results several minutes later (61 Ship Street, Brighton, BN1 1AE, 01273 764200) On-line self-testing kits available for high risk groups	Free Free	www.tht.org.uk test.tht.org.uk/
Pavilions (drug and alcohol services)	Support available to anyone concerned about their drug or alcohol use, or for the families & carers supporting those struggling with substance misuse	Free for clients of the service	www.pavilions.org.uk/services
Brighton Sauna	Sex on premises venue for men who have sex with men. Self-testing kits available from machine in the reception area; THT testing sessions using rapid HIV tests on Weds evening	Free	www.thebrightonsauna.com
FLASH (Flexible Alternatives to Self HIV testing)	FLASH project is available for sex workers who identify as women, are 18 or over and based mainly in the UK for sex work. HIV self-tests are delivered through the post	Free for sex workers who identify as women	www.flashhivtest.co.uk
General Practice	Most GPs will be happy to discuss this and do the test for you. Having a negative HIV test result on your records does not impact on insurance, health or life assurance policies	Free	
On-line self-testing kit sent to you on request through the post	A 'self-testing' kit gives a result in a few minutes, without anyone else being involved. The test will either tell you if you are HIV negative, or if the test is 'reactive'. 'Reactive' test results must be confirmed in a health care setting, but are likely to indicate the presence of HIV	Currently £29.95	www.hivselftest.co.uk