

How to get an HIV test in Brighton & Hove

Testing site / method	Details	Price	Website
Sexual Health & Contraception (SHAC East, Central & West)	An experienced team providing a confidential and non-judgemental service. Appointments via website or phone 01273 523388; specialist clinics for men who have sex with men (Clinic M), trans (Clinic T) and young people (YPC) OR order ' self-sampling ' kits to do at home	Free	1. to make an appointment www.brightonsexualhealth.com 2. To order a self-sampling kit www.brightonsexualhealth.com/homekits
On-line self-sampling kit sent to you through the post	A ' sampling-kit ' is where you take a sample using the kit (usually blood), send it off to a laboratory, and you receive the result about 1 week later	Free for people who may be at more risk	https://freetesting.hiv/
Terrence Higgins Trust (THT)	Offering rapid HIV tests Monday to Friday – a finger prick test with results several minutes later (61 Ship Street, Brighton, BN1 1AE, 01273 764200) OR on-line ' self-testing ' kits available for high risk groups	Free	www.tht.org.uk/centres-and-services/brighton-and-hove-test.tht.org.uk/
Brighton & Hove Recovery Service	Support available to anyone concerned about their drug or alcohol use, or for the families & carers supporting those struggling with substance misuse	Free for clients of the service	www.changegrowlive.org/brighton-hove-recovery-service/info
Brighton Sauna	Sex on premises venue for men who have sex with men. ' Self-testing ' kits available from machine in the reception area; THT testing sessions using rapid HIV tests on Weds evening 6-9pm & occasional weekend 'pop ups clinics'	Free	www.thebrightonsauna.com
Boiler Room Sauna	Sex on premises venue for men who have sex with men. THT testing sessions using rapid HIV tests every Tuesday 12-2pm	Free	https://www.theboilerroomsauna.com/
General Practice	Most GPs will be happy to test you for HIV. Having a negative HIV result on your records does not impact on insurance, health or life assurance policies	Free	
Venues across Brighton & Hove	Vending machines in the Jubilee Library, Wish Park Surgery, the Wellsbourne Centre, Prowler Kempton and the BMECP Centre (coming soon) dispensing ' self-testing ' kits	Free	
On-line self-testing kit sent to you through the post	A ' self-testing ' kit gives a result in 15 minutes, without anyone else being involved. The test will tell you if you are HIV negative, or if the test is 'reactive'. 'Reactive' test results must be confirmed in a health care setting, but are likely to indicate the presence of HIV	£29.95	www.hivselftest.co.uk
Superdrug (on-line or in store)	HIV ' self-testing ' kits are available from this retailer	£33.95	www.superdrug.com